*Help! – The Beatles*

[*https://www.youtube.com/watch?v=sdeMkRCsbN0*](https://www.youtube.com/watch?v=sdeMkRCsbN0)

Help, I need somebody  
Help, not just anybody  
Help, you know I need someone, help

When I was younger, so much younger than today  
I never needed anybody's help in any way  
But now these days are gone, I'm not so self assured  
Now I find I've changed my mind and opened up the doors

Help me if you can, I'm feeling down  
And I do appreciate you being round  
Help me, get my feet back on the ground  
Won't you please, please help me

And now my life has changed in oh so many ways  
My independence seems to vanish in the haze  
But every now and then I feel so insecure  
I know that I just need you like I've never done before

Help me if you can, I'm feeling down  
And I do appreciate you being round  
Help me, get my feet back on the ground  
Won't you please, please help me

When I was younger, so much younger than today  
I never needed anybody's help in any way  
But now these days are gone, I'm not so self assured  
Now I find I've changed my mind and opened up the doors

Help me if you can, I'm feeling down  
And I do appreciate you being round  
Help me, get my feet back on the ground  
Won't you please, please help me, help me, help me, oh

*Help! – The Beatles*

**Help! Was released during a time in the 1960’s in which Christianity’s influence was diminishing in mainstream society. The Beatles music was becoming more serious at this point. In your opinion, why was Lennon seeking help; and help from what specifically? The line, “Now I find I’ve changed my mind,” is significant here in Lennon’s search for religious identity. What is your interpretation of Lennon’s statement here? Write a reflective paragraph in which you explain your opinion of the religious implications present in this song.**